









NOVEMBER

2018

Cooperstown Central Schools

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>HEALTHY HABITS FOR HEALTHY COMMUNITIES</p>	<p>Milk Offered Daily 1% White, 1% choc Skim</p> <p>LUNCH PRICES</p> <p>K-6 \$2.35 7-12 \$2.55</p>	<p>Breakfast Smoothie \$1.35</p> 	<p>1</p> <p>Fruit & Yogurt Parfait</p> <p>Grilled Cheese Tomato Soup Veggie Sticks Fresh Fruit/Fruit Cup</p>	<p>2</p> <p>Mini Pancakes</p>  <p>Pizza -Plain or Pepperoni Corn Tossed Salad Fresh Fruit/Fruit Cup</p>
	<p>Reduced \$2.25</p>	<p>5</p> <p>Breakfast Pizza</p> <p>CHICKEN OR FISH ON BUN French Fries Glazed Carrots Fresh Fruit/ Fruit Cup</p>	<p>6</p> <p>Fresh Muffin</p>  <p>TACOS w/RICE Lettuca/tomato/salsa Black Beans & Corn Nibbles Fresh Fruit/Fruit Cup</p>	<p>7</p> <p>Fruit & Yogurt Parfait</p> <p>BRUNCH FOR LUNCH French Toast (HS) Pancakes (ES) Sausage & Egg Patties Baby Carrots, Fruit/Juice</p>
<p>12</p>  <p>VETERAN'S DAY NO SCHOOL</p>	<p>13</p> <p>Bagel w/Cream Cheese</p> <p>PASTA W/ MEATBALLS Broccoli Dinner Roll Fresh Fruit/Fruit Cup</p>	<p>14</p> <p>Fruit & Yogurt Parfait</p> <p>CHICKEN NUGGETS Pasta Salad Steamed Broccoli Fresh Fruit/Fruit Cup</p>	<p>15</p> <p>Pancakes</p> <p>HOLIDAY MEAL Turkey w/Stuffing and Gravy Mashed potatoes/Yams Cranberry sauce Fresh Fruit/Fruit Cup</p>	<p>16</p> <p>Breakfast on a Stick</p> <p>Pizza -Plain or Pepperoni Tossed Salad/Corn Fresh Fruit/Fruit Cup</p>
<p>19</p> <p>Fruit & Yogurt Parfait</p> <p>CHICKEN OR FISH ON BUN French Fries Glazed Carrots Fresh Fruit/Fruit Cup</p>	<p>Half Day 20</p> <p>Mini BlueberryWaffles</p> <p>French Bread Pizza Corn Chocolate Chip Cookie Fresh Fruit/Fruit Cup</p>	<p>21</p> 	<p>22</p> 	<p>23</p> 
<p>26</p> <p>French Toast Sticks</p> <p>HAMBURGER OR CHEESEBURGER ON BUN Baked Beans/French Fries Fresh Fruit/Fruit Cup</p>	<p>27</p> <p>Fresh Muffin</p> <p>PASTA W/ MEATBALLS Broccoli Dinner Roll Fresh Fruit/Fruit Cup</p>	<p>28</p> <p>Breakfast Pizza</p> <p>BRUNCH FOR LUNCH French Toast (HS) Pancakes (ES) Sausage & Egg Patties Baby Carrots, Fruit/Juice</p>	<p>29</p> <p>Fruit & Yogurt Parfait</p> <p>CHICKEN NUGGETS Pasta Salad Steamed Broccoli Fresh Fruit/Fruit Cup</p>	<p>30</p> <p>Pancakes</p> <p>CALZONE-HS/RAVIOLIS-ES Tossed Salad Fresh Fruit/Fruit Cup</p>
<p>Choices Available Daily: Assorted Salads Asst'd Sandwiches/Wraps</p>	<p>Fresh Fruit Offered Daily! Menu Subject to Change</p>			